

Home Team:

Pitch Count Pony 14U

Pitch Counter:

Visiting Team:

Date:

Signature:

HOME TEAM

MBA Approved 2/9/20

Pitcher Name/ Uniform #	X = Cross out the numbers as that pitch is thrown O = Circle the number for the last pitch thrown in each half-inning																				DAYS REST
Daily Maximum Pitches in a day Ages 11-14 = 95	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	---
	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	→					0
	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	→					1
	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	→					2
	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	3
	86	87	88	89	90	91	92	93	94	95	→										3

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NOTE: A pitcher is required to observe the calendar day(s) of rest for the threshold he/she reached during the start of an at-bat, provided that the pitcher is removed before delivering a pitch to the next batter. Example, if a pitcher starts a batter with 50 pitches, then throws an additional 5 pitches during that at-bat, but is removed immediately following the conclusion of the at-bat, then the pitcher would be required to have one day of rest.

Days Rest: This is a full days rest. For example, if a pitcher throws 65 pitches on a Monday, then the pitcher is required 2 full days rest. This means the pitcher would need to rest on Tuesday and Wednesday, and would not be able to pitch again until Thursday.

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